The Hawk Talk - March 21, 2022

The 37TRW weekly rundown of events, news and need-to-know information



Warhawks:

I hope you all had a great weekend! Chief Morgan and I certainly enjoyed celebrating with the E-8 selectees Friday at the Top III social in their honor. Congratulations again to:

Russell Almanza, 343 TRS Victor Alvarez, 837 TRS Rahjanaye Bailey, 319 TRS Roslyn Ball, 637 TRSS Ladwidia Castro, 344 TRS Dustin Curlee, 332 TRS Vincent De La Hoz, 344 TRS Juan Perez Aquino, IAAFA Jonathan Rockwell, 345 TRS Keyla Watt, IAAFA

Here's a couple of photos from the event. You can find more at https://www.dvidshub.net/image/7099882/37-trw-ncos-selected-promotion-e8.





We are officially in Week 2 of the Air Force Assistance Fund of 2022! The AFAF supports four charities, active duty, retirees, reservists, guard, and our dependents. This is an annual effort that is accomplished "To Us, By Us" with 100% of the donations going directly to the organizations dedicated to caring for our Airmen from induction through retirement and beyond. These donations provide support during emergencies, educational support, and can help secure retirement accommodations for widows or widowers of our Air Force members.

There are many ways that are available to you to make a donation to the AFAF. You're able to text "AFAF" to 50155, visit your Unit e-Giving and peer-to-peer (P2P) fundraising pages, go to the AFAF e-Giving Portal at https://secure.ggiv.com/event/afaf or talk to your Unit POC to start a Payroll Deduction Plan. The options provide many opportunities for our wing to get involved with this year's AFAF campaign and continue our support to our Air Force Family.

The campaign runs through April 22! The 37 TRW POCs are Maj Jessica Hillard and Maj Martinez-Paez can be reached at 210-671-7927 for more information. Thank you all for stepping up to support our AFAF. We look forward to seeing the progress our Warhawk family makes!

We had several special visitors last week. Maj. Gen. Michael "Troy" Gerock, commander of the Air National Guard Readiness Center, and his command chief, Chief Master Sgt. David Callaghan, were here to discuss the success of our Total Force Integration efforts. And on Thursday, Maj. Gen. Porter, Wyoming National Guard Adjutant General, and his senior enlisted leader, Chief Master Sgt. Joshua Moore, witnessed our BMT graduation. Great experiences for our guests and for us!

I'd also like to recognize Lt. Col. Carlos Hernandez, vice commandant of the Inter-American Air Forces Academy, who retired Friday after 21 years of service. Congratulations to you and your family, and good luck as you transition into your next career!

And while it's still a few weeks away, I'd like to remind everyone that April is the Month of the Military Child, and there's a special event happening at the Warrior Family Support Center behind BAMC on April 16. "Purple-Up!" will feature snacks and lunch, great entertainment, and Easter egg hunts – and they're all free! More information coming soon – make sure you mark your calendar for this!

WARHAWK RECOGNITION

We coined two Warhawks at the 37th Training Group on Friday. A hearty congratulations to TSgt Christina Ingram and SSgt Mariah Rosenberg, both of the 344th Training Squadron.

TSgt Ingram accurately predicted and managed effectively change management issues as a result of the 344 TRS/TRP recently transitioning the Aerospace Physiology course to be the initial entry for all Aircrew Fundamentals Course (AFC) students. She forecasted personnel shortfalls and developed a waiver to ensure no loss or delays in training. She expertly developed several COAs for a last-minute chamber maintenance issue that ensured all 37 students were trained for the week and progressed as planned to their AFC and 3-lvl courses. Due to her efforts, we are able to support not just the Career Enlisted Aviator pipeline, but also 33 Special Warfare pre-dive students. What makes her deserving of this recognition was her ability to mitigate these issues as a professional NCO with grace and flexibility while ensuring student needs and all training objectives were met. She also continues to take an active role within the squadron, coordinating a baby shower for a new civilian mom, supporting a C-5 anthropometric study, and attending PDE courses and sessions.

SSgt Rosenberg is assigned as the NCOIC of Administration for the Aerospace Physiology Flight, 344th TRS. SSgt Rosenberg stood out this week by supporting the 37th TRG with the Pandemic Case Management Study and Oura ring deployment. She dedicated numerous hours issuing 286 Oura rings and processing 596 consent forms across the group. During this time she also fostered strong relationships with the 343rd TRS at Camp Bullis, Military Working Dog group, and 17 other organizations. SSgt Rosenberg constantly envisions ways to increase the quality of life of those around her and improve the work environment. She recently created a Monarch Butterfly project to save an endangered species and beautify the 344th facilities -- this is just one example of her ingenuity. In regards to her passion for teaching and mentorship, she recently demonstrated

this by sharing her knowledge and skill while training two upgrade Airmen on Aircrew Flight Equipment (AFE) disassembly/reassembly procedures. Her AFE expertise has also increased the proficiency of 9 unit members, preparing the unit for the opening of the first-ever JBSA-Lackland hypobaric chamber. SSgt Rosenberg is an excellent wingman and has paved the way for the Airmen within the Physiology organization.

FREE FORM FRIDAY

Here's the **LINK** and the rundown on the latest Free Form Friday video.

Welcome to FreeForm Friday! This week were happy to host our San Antonio Fiesta ambassador, SSgt Clarissa Scott from the 344th Training Squadron.

:05 Introduce Fiesta Ambassador

15:20 Senior Master Sgt (E-8) selects announcement

#FreeformFriday #37TRW #vivafiesta

AROUND THE WARHAWK WING

DLIELC: It's the Season for SCETWGs! Every year, DLIELC's Country Program Managers (CPMs) and Overseas Program Managers (OPMs) from the 637 International Support Squadron (ISS) attend annual Security Cooperation Education Training Working Groups (SCETWGs), which occur this year from March 14 to May 22. The SCETWG is a geographic combatant command conference conducted for the purpose of establishing the Security Assistance (SA) and Security Cooperation (SC) training programs for each country. Primary attendees are the Security Cooperation Office (SCO) training manager and representatives from Defense Security Cooperation Agency (DSCA), the military departments (MILDEPs), training agencies, and other key Security Cooperation (SC) training management personnel. CPMs and OPMs from DLIELC attend as the SMEs for DLIELC's resident and nonresident programs. They serve as resources when SCOs or MILDEPs have specific questions about training and courses for international military students (IMS). Traditionally, these 5+ day meetings happen in Garmisch, Germany (EUCOM and AFRICOM); Miami, Florida (NORTHCOM and SOUTHCOM); Tampa, Florida (CENTCOM), and Honolulu, Hawaii or Bangkok, Thailand (INDOPACOM). While all SCETWGs discuss upcoming opportunities for International Military Education Training (IMET) and Foreign Military Sales (FMS) training and courses, there is some variance in their focus on other topics. DLIELC will have 7 attendees in both an in-person and virtual capacities.

737th Training Group: International Women's Day was observed at BMT March 17 with a mass (flight), that incorporated MTIs and permanent party women from throughout the 737th TRG. International Women's Day is a global holiday celebrated annually to commemorate the cultural, political, and socioeconomic achievements of women. Check out the photo below!





UPCOMING EVENTS

WHAT: Volunteers needed to clean Fort Sam Houston National Cemetery headstones

WHEN: March 26

WHY: To prepare for Memorial Day weekend visitors.

HOW: Volunteers will be asked to spray on a water-based biodegradable solution, with no scrubbing involved, that will dissolve the grim/dirt on the headstone and help restore its color, enhancing the appearance of the cemetery.

WHO: Contact SSqt. Rhys Nyanfor or MSqt. Thomas Burkhart at 210-565-5117 for more information.

WHAT: Spring 2022 Additional Duty First Sergeant Symposium, presented by the JBSA-Lackland First

Sergeant Council WHEN: April 11-14

WHERE: Bob Hope Theater, JBSA-Lackland

HOW: If you are a technical sergeant and above, haven't previously attended a 1SGT symposium, and are

interested in attending, please contact SMSgt. Julian "JJ" Colunga at julian.colunga@us.af.mil.

MILITARY SPOUSES

The third **Key Spouse Engagement Series**, hosted by Sharene Brown, spouse of the CSAF, and Mollie Raymond, first lady of Space Force, is upon us.

WHEN: 29 March 2022, Session I: 0700-0900 EST; Session II: 1900-2100 EST

WHERE: ZoomGov Webinar - Direct link will be emailed once your registration is complete; please check your spam folders.

WHO: Registration opened 11 March to Key Spouses/Key Spouse Mentors and will open to all military spouses on 22 March.

Registration Link: https://www.zoomgov.com/webinar/register/WN UAfAnGtNTUScGru Av0ieA

WHAT: The agenda includes 2 panels:

- PCS Panel will focus on identifying ways to mitigate challenges associated with relocation
- Key Spouse Panel where spouses from across the DAF will share best practices in areas that impact family member and spouse quality of life and readiness

Mrs. Brown and Mrs. Raymond have created a short vignette to promote the event: https://youtu.be/KkPQvTkKtb8. This is an exciting opportunity for Key Spouses and mentors to gain valuable knowledge and tools to share with spouses in their units.

Key Spouses, remember to spread the word to ALL spouses in your units! Registration for all military spouses opens March 22. Get the word out and share on your squadron KS FB pages as well!

This was also posted on the JBSA M&FRC Key Spouse Facebook page at https://www.facebook.com/jbsaksp! Check out this and other information posted our page each week to stay in the know -- You will see it here first!

2022 Key Spouse Trainings: Call the LAK-M&FRC front desk at 210-671-3722/3723 to sign up! *Annotates evening or weekend training! Note: Dates, times and venues subject to change.

- Initial Key Spouse (KS) Training Currently offered online through Military OneSource's MilLife Learning website.
- Refresher KS Training 10:00-11:00: 22 Jun, 14 Sep, 16 Nov
 *22 Mar, 5:30-6:30 pm & *17 Sep, 10:00-11:00 (Sat)
- Mentor KS Training 10:00-11:00: 25 May, 31 Aug, 10 Nov
 *25 May, 5:30-6:30 pm & *5 Nov 10:00-11:00 (Sat)
- Continuing Education KS Training 11:00-12:00: 23 Mar, 22 Jun, 14 Sep, 18 Nov
- Suicide Awareness (SA) Training Completed individually on line. https://www.resilience.af.mil/Programs/Equipping-Families/.
- Sexual Assault Prevention Response (SAPR) Training 10:00-11:00: 4 Apr & 7 Nov

Community Resources & Information:

March is National Nutrition Month: Practicing good nutrition boosts personal performance! Good health and peak physical fitness are key to our military community's force readiness. Read more here: https://www.militaryonesource.mil/health-wellness/healthy-living/fitness-nutrition-active-living/practicing-good-nutrition-boosts-personal-performance/.

Dad's The Basics: Brought to you by the Family Advocacy Program, Dad's The Basics is intended to give you basic information about becoming a dad and your role as a father. Participants gain helpful lists, guides, and information related to pregnancy, labor, and delivery, communicating with your spouse, caring for an infant and managing family issues.

When: June 14, Sept. 13, and Dec. 13, from 1-4 p.m.

Where: Mental Health Clinic (3rd FL, Wing B, at Wilford Hall Ambulatory Surgical Clinic)

Who: All expectant dads welcome. Class is instructed by an experienced dad. To register call 210-292-5967.

Four Lenses Temperament Discovery Workshop: As we head back to the workplace, gain a deeper understanding of yourself and others, improve communication and build stronger teams. This workshop will

help you identify and understand personality styles and successful ways of interacting. Wednesday March 23, 9 a.m. to noon, in person at the JBSA-LAK Gateway Club. Spaces are limited. Call 210-671-3722 to sign up or email 802fss.fsfr@us.af.mil.

Fresh Look Federal Resume Workshop: Take a fresh look at your current federal resume. Want to make it stand out? Learn how to craft or revise it by reviewing how to break down a federal job description. Wednesday, March 30, 1-4:30 p.m. Open to all DoD ID cardholders. This workshop will be a hybrid of inperson and virtual. For more information, call the JBSA-FSH M&FRC at 210-221-2705.

Military Families Learning Network (MFLN) has a brand new name -- OneOp! OneOp supports DoD's Military Family Readiness System by growing the professional readiness, knowledge, and networks of the service providers supporting our military service members and their families. Read more at https://oneop.org/2022/02/22/coming-march-2022-an-announcement/.

Nutrition and Wellness information can be found at https://oneop.org/category/nutrition-and-wellness/.

Need Key Spouse information to set up your Key Spouse Program? Commanders and First Shirts, we are here to support around the clock! Go directly to the link below to access documentation and information you need 24/7 to get your programs started. https://usaf.dps.mil/teams/aetc-502fsg-802fss/mfrc/key%20spouse%20information/forms/allitems.aspx.

The Month of the Military Child: Visit https://www.dodea.edu/dodeaCelebrates/Military-Child-Month.cfm to start planning the celebration now and all month long in April.

JBSA Military & Family Readiness Center Classes & Events: The M&FRC offers a variety of classes that support all Airmen such as Transition Assistance Programs, Financial Readiness, Goal Setting, Microsoft Office, etc. Classes are free and open to all DoD ID cardholders (military members, military spouses, teens, Gold Star families, retirees, and DoD civilian employees). The calendar of events booklet can be accessed via the following link: https://www.jbsa.mil/Resources/Military-Family-Readiness/. Call any of the M&FRCs for more information: Lackland: 210-671-3722 or email 802fss.fsfr@us.af.mil, Fort Sam Houston: 210-221-2705 or email usaf.jbsa.502-abw.mbx.mfrc@mail.mil, or Randolph: 210-652-5321 or email randolphmfrc@us.af.mil.

New location for the JBSA-Lackland M&FRC: 1550 Wurtsmith Street, Bldg. 5725, (Education Bldg)

DIVERSITY AND INCLUSION COUNCIL

37 TRW D&I Calendar | Teamup

https://www.facebook.com/37trwdni/ https://teamup.com/ks4s41xupxuidzmv53



WARHAWK UNIVERSITY



Upcoming Courses: Scan the QR code for the latest opportunities.

Got questions about Training & Development? Find out more at: 37TRW.Warhawk.University@us.af.mil

FEEDBACK THROUGH WARHAWK SOLUTIONS



Let your voice be heard! Use Warhawk Solutions to submit feedback!

We hear you! When you submit a Warhawk Solutions, your questions/concerns are brought to leadership's attention. Answers are provided in various forums such as FreeForm Friday which is hosted live each Friday on the <u>37th TRW Facebook Page</u>; commander's calls, and the <u>37th TRW Website</u>.

JBSA HAPPENINGS & UPCOMING EVENTS

COMMUNITY EVENTS

Screen on the Green

Come join us at the FREE movie at JBSA-Fort Sam Houston Golf Course at 7:30 p.m. March 25 at the JBSA-Fort Sam Houston Golf Course and enjoy a screening of "Encanto." You don't want to miss out on this enjoyable evening! No outside food or drink are allowed, however, concessions will be available for purchase.

Registration is required by emailing JBSACOMMUNITYEVENTS@GMAIL.COM with the names and ages of everyone in your party, and a contact phone number. This event takes place on the golf course greens; you're encouraged to bring blankets or chairs. For more information, call 210-652-5763.

ARNOLD HALL

Fashion Show Model Call March 22-23 • 5 p.m. • Free

We're looking for runway models and fashion designers for our annual fashion show. If you have any interest in showing off the latest fashion trends or want to showcase your original designs, call 210-671-2619 or email arnoldhallevents@gmail.com.

Bingo Night @ the Hall March 24 • 6 p.m.

Come join us for bingo night. Gather your friends and try your luck at winning prizes. A cash bar will be available for adult beverage purchases. Bingo packs start at \$20. Registration is required. Deadline to register is noon on March 24. For more information, call 210-671-2619 or email us at arnoldhallevents@gmail.com.

Paint and Sip March 26 • 5 p.m.

This is for patrons 18 and older. Gather your crew for a night of excitement and creativity as you make your very own masterpiece in this fun, high-energy atmosphere. This professionally guided class is perfect for beginners up to advanced painters. The cost is \$35 per person and includes all supplies along with one drink ticket redeemable for a glass of wine and light snacks. Cash bar will be available for additional purchases. Registration deadline is March 21. For more information or to register, call (210) 671-2619 or email arnoldhallevents@gmail.com.

Like us on Facebook and Instagram @ArnoldHallCC for updates on the latest events.

BOWLING

\$5 Bowling Special

Tuesdays • Open to close Bowl three games for only \$5 -- what a great deal!

Hourly Bowling Special

Fridays • 11 a.m. to 3 p.m. Bowl for only \$7.50 an hour

CLUB

Variety Night

March 25 and April 1 • 5-10 p.m.

The Gateway Club hosts Variety Night as DJ Tony Style plays a wide variety of music in the Lone Star Lounge. Relax in the lounge or enjoy the weather out on the patio with pool tables and big screen TVs.

FITNESS CENTER

Chapman Fitness Center March Mania HIT Challenge

This challenge takes place throughout the month of March. Complete the challenge and win a workout towel

Five sets of 30-seconds on the rower with a 15-second rest between each set

Five sets of 30-seconds on the Sky Erg

Five sets of 30-seconds on the assault bike

Five sets of 12 Wall Balls

For more information contact Kai at the Chapman Fitness Center at 210-671-4477.

Gillum Fitness Center Quidditch™ Tournament

March 25 • 7 a.m. • Free

Each Quidditch™ team must have at least five participants and each game will be 20 minutes in duration with a running clock. For the rules and more information, call 210-977-2353.

GOLF

Demo Day -- Taylormade March 26 • 10 a.m. to 2 p.m.

Come out and try the latest golf equipment for 2022. For more information, call (210) 671-3466.

HARLEQUIN THEATER

Juke Joint

Fort Sam Houston Theater at 2417 Stanley Road Now thru April 9 • 8 p.m.

Juke Joint is a postmodern jukebox revue featuring songs made famous by artists such as Lady Gaga, Elton John, The Spice Girls, Christina Aguilera, Guns N' Roses, Phil Collins, Aerosmith, Beyoncé, Taylor Swift and many more. The Harlequin is teaming up with one of the premier dance studios in San Antonio to bring you a production like never before. Doors open at 7 p.m. and the show starts at 8 p.m. Ticket prices are \$22 for adults, \$10 for children 12 and younger and \$18 for military students. This show is sponsored by GEICO and Gunn Automotive Group. No federal endorsement of sponsors intended. Please note all civilian reservations must be made by Tuesday at noon to gain gate access for the weekend shows!! For more information or to make a reservation, call 210-222-9694.

INFORMATION, TICKETS AND TOURS (ITT)

Majestic Tickets Only at JBSA-Lackland ITT (210-671-3059)

Summer (The Donna Summer Musical)

April 19-24

Prices \$48 - \$93 per person

Beautiful (The Carole King Musical)

June 10-12 Prices \$44 - \$89 per person <u>Jesus Christ Superstar</u> July 5-10 Prices \$43 - \$93 per person

San Antonio Stay-cation Ideas

City Sightseeing SA – Hop on / Hop off Bus

Adults \$22.95 / Children (5-11) \$12.95 - 24-hour ticket / 48-hour option also available

Buckhorn Saloon & Museum

Adults \$20 / Child (4-11) \$13

Tower of the Americas

Ages 4 and up \$10 – includes elevator to Observation Deck, "Flags of Texas" and "Skies Over Texas" 4-D Theater Ride

ZDTS's Amusement Park – Seguin

Unlimited Wristband (ages 2 and older) \$28

Space Center Houston

Ages 4 and older: \$17.75

Happy Fiesta! Your discounted 2022 Fiesta event tickets are here!

St. Marys' Oyster Bake

April 1-2

Friday: from 5-11 p.m. and Saturday from noon to 11 p.m. \$19 per day (children 12 and younger are free)

Taste of New Orleans

April 1-3

Friday: from 5-11 p.m., Saturday from noon to 11 p.m. and Sunday from noon to 10 p.m. \$13 per day (children 10 and younger are free)

Discounted SPURS Tickets

Don't forget, your ITT offices have discounted SPURS tickets available for all DoD ID cardholders and their families! You can visit: https://www.nba.com/spurs/lacklanditt for all military deals and branch night deals as well as tickets available for SAFC & other sporting events.

Disney on Ice returns to the Alamodome; April 28 - May 1

Get your discounted tickets today! Prices Range from \$22-\$69. These will go fast! Contact the various offices to check on section and pricing availability.

2022 Walt Disney World Military Salute Promo Tickets Are Here

2022 Military Salute ticket prices are valid through Dec. 12, 2022. A 4-Day Disney Military Salute Ticket with Park Hopper Option is \$83 per day for a total of \$329 and a 5-Day Disney Military Salute Ticket with Park Hopper Option is \$70 per day for a total of \$349 for ages 3 and older. There is a strict limit of six per U.S. active-duty military and 100% disabled veterans. Due to stock limitations, we ask that you

order tickets 2-3 weeks prior to your travel date. For more information and eligibility rules, call 210-671-3059. Also, plan your resort stay with up to 40% off Walt Disney World Resorts.

Leisure Travel Packages

Disney Planning Workshop at the Gateway Club, JBSA Lackland April 12 • 6 p.m.

Our Disney planning workshop is back by popular demand! Since so much changed over the pandemic, we are here to break down all things Disney. This is a FREE event! Reservations are required. The event will include light refreshments and a few giveaways. A maximum of two people are authorized per DoD ID card. For more information call 210-671-7111 or email your RSVP to info@jbsatravel.com.

4 Night/ 5 Day Costa Rica Memorial Day All-Inclusive Vacation Package May 26-30

Travel from: San Antonio to Liberia, Costa Rica.

Includes: Roundtrip airfare, airport transfers, travel protection and all-inclusive hotel accommodations Rates start at: \$1,200 per person (price based on double occupancy). A \$325 per person deposit and a \$10 service fee are due at time of booking. Final payment due April 1.

Contact our office for a custom quote if your family is over two persons in the party or if you need different dates.

5 Night/ 6 Day All-Inclusive Vacation Package July 7-12 or Nov. 19-24

(Alternate dates are available)

Travel from: San Antonio to Punta Cana, Dominican Republic. Includes: Roundtrip Airfare, Airport transfers, Travel Protection, & 5 Star all-inclusive hotel accommodations.

Rates: Start at approximately \$6,600 total for a family of four (price is based on two adults and 2 children) or approx. \$1,650 per person.

Payments: \$420 per person deposit and a \$10 service fee due at time of booking. Final payment due May 23 for the July dates or Oct. 5 for the November dates! Email info@jbsatravel.com for a full quote.

OUTDOOR RECREATION

Equipment Rental

Spring is here, so be sure to check out the boats and travel trailers at the JBSA Lackland Outdoor Recreation available to rent for all your "Spring Break" and summer fun. Call for information on rental requirements and reservation availability. Reservations are taken up to one month in advance. Rental prices (per weekend) are:

19' Travel Trailer: \$287.50; 26'Travel Trailer: \$412.50; 20' Bay Boat: \$310; 18' Bass or Bay Boat: \$240; Ski Boat: \$360; Pontoon Boat: \$380.

LACKLAND YOUTH

Baseball First Steps Registration March 17–April 1

First Steps teaches the basic fundamentals of baseball in conjunction with gross motor skills for preschool and early school age children. Parents are required to participate as an extension of the instructor. The cost is \$40 per child, and the session runs from April 25-June 2. For more information, call 210-671-2388.

37 TRW HISTORY OFFICE

March 19, 1982: Seatbelts became mandatory on Lackland!



If you're a history buff check out what your 37 TRW history office is all about. Go to https://www.facebook.com/103405661580662/videos/2816829155249392

NEWS ACROSS THE 37 TRW / AIR FORCE / SPACE FORCE / DoD

- Click <u>here</u> for the latest news from the 37 TRW.
- Click <u>here</u> for the latest news around the Air Force.
- Click here for the latest news around the Space Force.
- Click here for the latest news around the DoD.

HAVE A SUMBISSION FOR THE HAWK TALK? EMAIL YOUR INPUTS TO 37TRW.PA.INBOX@US.AF.MIL.

Trust our Resilient Airmen to Innovate and Nurture. Warhawks TRAIN to Win!